

'TIS THE SEASON TO BE FORGETFUL



TOP THINGS TO FORGET THAT WOULD SPOIL CHRISTMAS:

+13%

Women are 13% more likely than men to make a 'Christmas list' to avoid forgetting anything

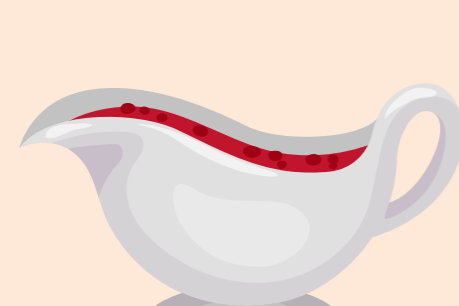
1. Forgetting to buy a family member a present ☹️
2. Realising the turkey is still raw in the middle 🍗
3. Burning the turkey 🔥
4. Forgetting to turn the oven on
5. Roast potatoes don't go to plan
6. Misplacing someone's present
7. Buying the **wrong present** for someone ❓
8. Forgetting the **gravy** 🍷
9. Forgetting to put the vegetables on
10. Forgetting to **buy batteries** for children's toys 🔋

FESTIVE FORGETS



23%

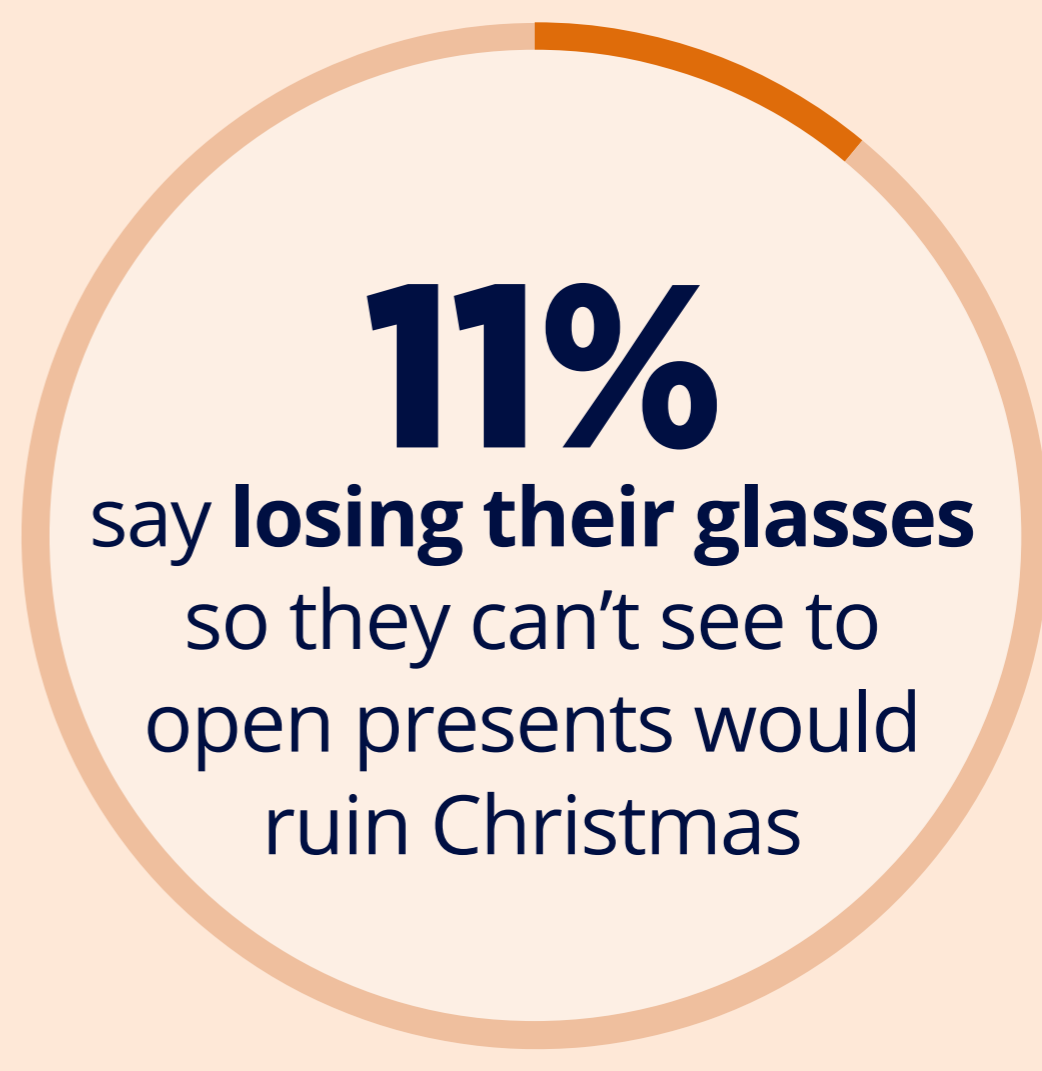
have even had a Christmas Day '**completely ruined**' by someone forgetting something crucial



One in 10 have suffered a last-minute scramble around the shops for **gravy**

15% have had to make an **emergency Christmas trip to the shop** to pick up batteries

One in five have forgotten to buy a **gift** for someone coming round for Christmas



WORST OFFENDERS

Men are more likely than women to forget something important on **Christmas Day**



Londoners are most likely to be forgetful when making the meal, with people in **Wales** least likely to forget something vital

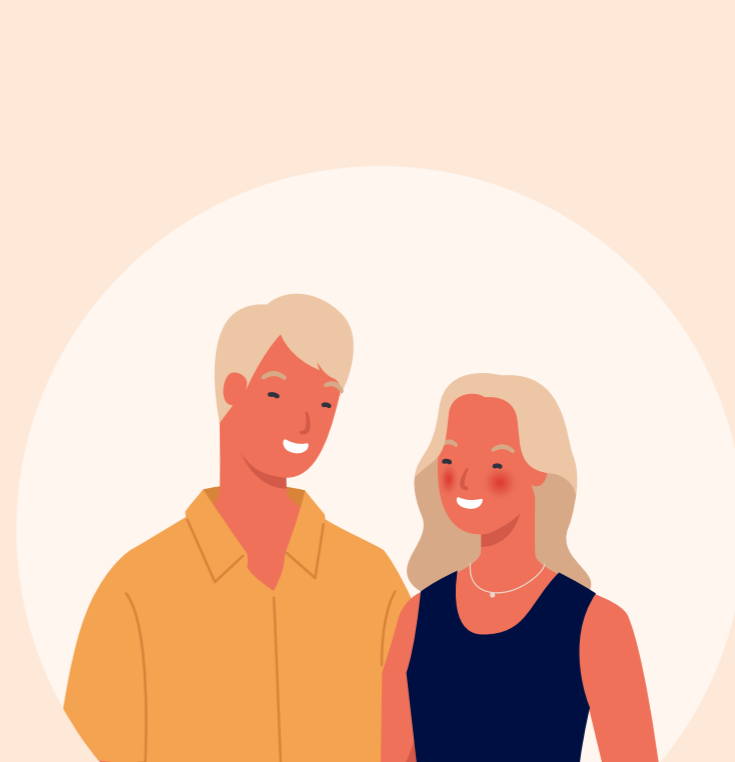
Brits aged 25-34 are most likely to get halfway through cooking Christmas dinner – before realising they were **missing a key ingredient**



FEELING THE STRAIN



18-25-year-olds are most likely to see their stress increase before the big day



People **over 55** are the most relaxed



6 IN 10 admit their own **health and wellbeing** takes a back seat in the run-up to Christmas, trying to get everything sorted

Men are much less likely than women to feel the strain:

55%

confess to being '**exhausted**' by the strain by the time Christmas is finally done and dusted

